



Association of Horizon, Inc. Health Examination Form 2026

Due: June 10, 2026

This form can be scanned and uploaded with your application OR e-mailed/mailed to the contact below.

RETURN FORM TO: Jen Hanenburg
Association of Horizon Recruitment - **Participant**
1970 Harvard Lane
New Lenox, IL 60451-3804
jen.hanenburg@associationofhorizon.org
773-477-5170

Sheila Caplis
Association of Horizon Recruitment - **Volunteer**
4537 N. Mozart
Chicago, IL 60625-8937
sheila.caplis@associationofhorizon.org
773-477-5170

NAME: _____ **DATE OF BIRTH:** _____
ADDRESS: _____ **TELEPHONE:** _____
EMERGENCY CONTACT: _____ **RELATIONSHIP:** _____
If the applicant is under 18 years of age-this must be parent or guardian!
TELEPHONE: (home) _____ **(other)** _____

Please supply all information requested. The purpose of this form is to give information to the camp health care staff to assist them in assuring a safe week for each person at camp, and to be able to provide efficient care in case of emergency.

Do you have completed advance directives? (Living Will, Power of Attorney for health care) YES / NO

If yes, please upload copies of the forms in the application or mail the copies in.

HEALTH EXAMINATION This section is to be completed by a licensed physician or other health care professional.

HT: _____ **WT:** _____ **B/P:** _____ **Temp:** _____ **Heart rate:** _____
Normal OR **Essential Finding, Deviating From Normal**

Head: _____
Eyes/Vision: _____
Mouth/Teeth: _____
Ears/Hearing: _____
Neck/Thyroid: _____
Heart: _____
Thorax/Lungs: _____
Abdomen/Hernia: _____
Lymphatics: _____
Spine/Posture: _____
Extremities: _____
Skin/Wounds: _____
Mental Health: _____
Emotional: _____

General Appraisal or Diagnosis: _____

Recent Respiratory Infection? YES / NO If yes, give details: _____

Recent Hospitalization or Surgery? YES / NO If yes, give details: _____

Nutritional Needs: _____

Other: _____

Recommendations and Restrictions during the camp week: _____

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The person named on this form wishes to participate in a camping program for persons with physical disabilities. Participation involves being outdoors and engaging in physical activities such as swimming and boating. Persons without physical disabilities may be required to do lifting. Please determine whether or not you consider this person physically and emotionally able to participate, and identify any specific restrictions that are required.

>>In your estimation, is this person able to attend and participate in a camping program, except as identified by your recommendations and restrictions? YES / NO

I have examined the person herein described and have reviewed her/his health history.

Examiner's Signature: _____ **Date:** _____

Print Name: _____

CAMP APPLICANT NAME: _____ **DATE OF BIRTH:** _____